



Indonesian Shoulder and Elbow Society (INASES)

Present

Biennial Meeting **INASES 2025**

"Advance The Science And Art Of
Shoulder And Elbow Care"

Jakarta, April 25th - 26th, 2025

Mayapada Hospital South Jakarta (MHSJ)

**FIRST
ANNOUNCEMENT**

**Accreditation
by
Ministry of
Health**

KEYNOTE SPEAKER



Prof. dr. D. (Denise) Eygendaal

Erasmus University Rotterdam
Erasmus MC - Faculty of Erasmus University Rotterdam
Netherlands



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<https://bit.ly/inases2025>

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MEMBER INASES**

INVITATION

Invitation

On behalf of InaSES 2025 Organizing Committee and Indonesian shoulder and Elbow society , it is my pleasure to invite you to participate in the 2nd Biennial InaSES Meeting taking place April 25th –April 26th,2025, in Jakarta, Indonesia.

The InaSES 2025 Meeting will bring experts in the field of Shoulder and Elbow Surgery to share, discuss , and advance the science and art of shoulder and elbow care. We hope you will join us for an educational meeting, sharing a new idea and make friendship, and collaborate together. We look forward to welcome you to InaSES 2025 meeting.

With Best Regards,



Iman Widya Aminata, MD
Chairman of InaSES 2025

ORGANIZING COMMITTEE

ORGANIZING COMMITTEE

Chairman : dr. Iman Widya Aminata, Sp.OT (K)

Vice Chairman : dr. Jefri Sukmawan Sp. OT (K)

Secretary : dr. Ida Ayu Ratna Dewi Arrisna Artha, Sp.OT (K)

Treasurer : dr. Troydimas Panjaitan Sp.OT(K)

Scientific : dr. Erica Kholinne Sp.OT (K), PhD.

dr. Aldo Fransiskus Marsetio, Sp.OT(K)

dr. Sumpada Priambudi, Sp.OT(K)

dr. Gede Chandra Sp.OT(K)

dr. Hastomo Agung Wibowo, Sp.OT(K)

Fundraiser : Dr. dr. Renaldi Prasetya Nagar Rasyid Sp.OT(K)

dr. Erick Wonggokusuma, Sp.OT(K)

dr. Permana Yudhadhibrata, Sp.OT (K)

GENERAL INFO

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Congress

Dates : Friday - Saturday, April 25th - 26th, 2025

Congress Venue

Mayapada Hospital South Jakarta (MHSJ)

Host: Indonesian Shoulder and Elbow Society (InaSES)

Website: www.inases2025.com

Language: the official language of the congress is English and Bahasa.

Email : inases2025@gmail.com

Instagram : [inases2025](https://www.instagram.com/inases2025)

Contact Person : 08119132664

Scientific Programme

Symposium: Friday - Saturday, April 25th - 26th, 2025

Topic Highlight

Elbow :

- 1 Trauma
- 2 Tendinopathy / nerve
- 3 Degenerative / stiff elbow

Shoulder :

- 1 Rotator cuff
- 2 Degenerative
- 3 Instability
- 4 Trauma

Interactive case based discussions

Recorded Live Surgery

And many more

Scientific Competition: E-Poster Presentation

Payment Method:

Payment should be made by bank transfer:

Account name : Perkumpulan Sendi Bahu & Siku Indonesia 2

Account no. : 127-00-1316827-1

Bank name : Bank Mandiri KC RSUP Fatmawati

Scientific Program

Schedule Day -1

Friday, 25 April 2025

08:00 - 08:20 Registrasi
 08:20 - 08:30 Patient Safety Brief

08:30 - 09:30 Seminar Etik dan Profesionalism :
 09:30 - 10:00 Opening Ceremony
 10:00 - 10:30 Coffee Break & Exhibition

ELBOW TRAUMA

10:30 - 10:45 Ulnar Nerve Management After Distal Humerus Fracture
 10:45 - 11:00 Fracture Of The Proximal Ulna
 11:00 - 11:15 Pediatric Trauma Of The Elbow
 11:15 - 11:30 Arthroscopy Assisted In Fracture Fixation Around The Elbow Fractures
 11:30 - 11:45 Q & A

11:45 - 12:15 Lunch Symposium
 12:15 - 12:45 ISHOMA

SHOULDER ROTATOR CUFF TEAR

12:45 - 13:00 How To Improve Healing Rate Of Rotator Cuff Repair
 Arthroscopic Transosseus Rotator Cuff Repair
 13:00 - 13:15 Management Of Subscapularis Tear
 13:15 - 13:30 Delaminated Rotator Cuff Tear
 13:30 - 13:45 Superior Capsular Reconstruction: From Autograft To Allograft
 13:45 - 14:00 Lower Trap Transfer For Massive Rotator Cuff Tear
 14:00 - 14:15 Q & A

14:15 - 14:45 Coffee Break

SHOULDER

14:45 - 15:00 Lecture Radiology
 15:00 - 15:15 Lecture Rehabilitation
 15:15 - 15:45 Proximal Humeral Fracture 3 Or 4 Part In Early Old Age :
 Debate On Conservative, ORIF, Prosthetic Replacement
 15:45 - 16:00 Post Operative Rehabilitation After Rotator Cuff Repair :
 Early Versus Delay
 16:00 - 16:15 Q & A

Scientific Program

Schedule Day -2

Saturday, 26 April 2025

07:00 - 08:00 Registrasi

TENDINOPATHY / NERVE

08:00 - 08:15 Lateral Sided Elbow Pain
 08:15 - 08:30 Medial Sided Elbow Pain
 08:30 - 08:45 Entrapment Neuropathy Of The Elbow
 08:45 - 09:00 Acute And Chronic Distal Biceps Tear
 09:00 - 09:15 Q & A

09:15 - 09:45 Coffee Break & Exhibition

INSTABILITY OF SHOULDER

09:45 - 10:00 AC Joint Injury
 10:00 - 10:15 Bankart Repair 101
 10:15 - 10:30 Instability With Bone Loss
 10:30 - 10:45 Posterior Instability
 10:45 - 11:00 Q & A

11:00 - 11:30 Lunch symposium
 11:30 - 12:30 ISHOMA

STIFF ELBOW

12:30 - 12:45 What If You End Up With A Stiff Elbow?
 13:00 - 13:15 Video Surgery
 13:15 - 13:30 Post Traumatic Stiff Elbow With Interpositional Arthroplasty
 13:30 - 13:45 Heterotopic Ossification?
 13:45 - 14:00 Q & A

14:00 - 14:30 Coffee Break

TRAUMA AND NEGLECTED CASES SHOULDER & ELBOW

14:30 - 14:45 Sequelae After Trauma Of The Shoulder / Elbow
 14:45 - 15:00 Intercondylar Distal Humerus Fracture C3
 15:00 - 15:15 Neglected Locked Anterior Glenohumeral Dislocation
 15:15 - 15:30 Conservative Treatment Of Proximal Humerus Fractures: When, How, And What To Expect
 15:30 - 15:45 Q & A



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