



ISAKOS
APPROVED
COURSE

AO

ASSA IOSSMA BALI – INDONESIA

The 13th Annual Meeting Of
Asean Society For Sports Medicine
And Arthroscopy (ASSA)

combined meeting with

The 5th Congress And
The 13th Annual Meeting Of
Indonesian Orthopaedic Society For
Sports Medicine And Arthroscopy
(IOSSMA)

Capturing The Future In Sports Injury Through Collaborative Innovation”

August 26th – 30th, 2025 – The Meru Sanur Hotel, Bali, Indonesia

Scientific Schedule



Day 1 - Thursday, August 28th, 2025

TIME	BALLROOM 1	BALLROOM 2	AGOONG 5 - 8 ROOM
07.00 - 16.00	Re-Registration		
07.55 - 08.00	Safety Briefing		
08.00 - 09.00	PLENARY SESSION 1 Keynote Lectures		
	Chairman: Prof. Idrus A Paturusi Co-Chairman: I Gusti Ngurah Wien Aryana		
08.00 - 08.12	My top 10 tips for a successful knee osteotomy Lee Kong Hwee		
08.12 - 08.24	Anterior Knee Pain Following ACL Reconstruction Surgery with Peroneus Longus Graft Ludwig Andre Pontoh		
08.24 - 08.36	Ligament repair/reconstruction in athletes – the use of exam under anesthesia and fluoroscopy to determine surgical procedure James P. Stannard		
08.36 - 08.48	Decision-making in Cartilage lesion of the knee Rajat Jangir		
08.48 - 09.00	Challenges in surgical indications for sport related knee injuries in low clinical settings: Myanmar Experiences for 10 Years Myint Thaung		
09.00 - 09.10	Q & A		
09.10 - 10.30	Opening Ceremony		
09.10 - 09.20	MC Opening + Indonesian National Anthem (Indonesia Raya)		
09.20 - 09.30	IOSSMA President Address & Introducing Guest Speaker IGN Wien Aryana		
09.30 - 09.40	Highlight Of Congress Programme I Wayan Murjana		
09.40 - 09.50	IOA Address Bintang Soetjahjo		
09.50 - 10.00	IDI Address Slamet Budiarto		
10.00 - 10.10	ASSA Address Tang Ha Nam Anh		
10.10 - 10.25	Traditional welcome dance + Congress Opening		
10.25 - 10.35	Photo group session		
10.35 - 10.45	Morning Tea & Exhibition Visit		

Day 1 - Thursday, August 28th, 2025

TIME	BALLROOM 1	BALLROOM 2	AGOONG 5 - 8 ROOM
10.45 - 12.00	SATELLITE SESSION 1-1 KNEE - MENISCUS	SATELLITE SESSION 1-2 SHOULDER - ROTATOR CUFF	SATELLITE SESSION 1-3 OTHER SHOULDER
10.45 - 10.57	Chairman : Mohd Asri Bin Abd Ghapar Co-Chairman : Andi Nusawarta 1. How to manage meniscal tears Enrique Leonardo Pasion	Chairman : Ekavit Keyurapan Co-Chairman : Wayan Murjana 1. The Science of Bone Tendon Interface Healing: Exploring the Basic Mechanisms of Rotator Cuff Repair and Recovery" In Ho Jeon	Chairman : Cholawish Chanlalit Co-Chairman : Arrisna Artha 1. Examination of the Shoulder Jonathan Ronquillo
10.57 - 11.09	2. Meniscal suture with no implant Sang Hak Lee	2. Transtendon repair for PASTA tear Iman Widya Aminata	2. Frozen Shoulder Jonathan Ronquillo
11.09 - 11.21	3. My approach to Medial Meniscus Ramp Repairs Teo Wei Wen Timothy	3. Optimizing Treatment for Partial-Thickness Rotator Cuff Tears: My Best Strategies Teo Seow Hui	3. Subscapularis tear Gede Chandra Purnama Yudha
11.21 - 11.33	4. Meniscus root suture Tang Ha Nam Anh	4. Common pickleballs injuries and its prevention. Soon Chee Khian	4. AC joint injury: The current evidences Chanakarn Phornphutkul
11.33 - 11.45	5. Complex meniscus tear. The role to preserve meniscus function Bancha Chernchujit	5. Rotator cuff Disease – Management dilemma Shahrulazua Bin Ahmad	5. Eden-Hybinette for Failed Latarjet Procedures - Salvage or Savage? Mohd Nizlan bin Mohd Nasir
11.45 - 12.00	Q & A	Q & A	Q & A
12.00 - 13.00	LUNCH SYMPOSIA Supported by Daewong		
12.00 - 12.15	Chairman: Muhammad Sakti		
12.15 - 12.30	Initial Experience with CGSynovia Andri Maruli Tua Lubis		
	Q&A		
12.30 - 13.00	Lunch Break & Exhibition Visit		

TIME	AGOONG 1 ROOM
10.45 - 11.40	SATELLITE SESSION 1-4 ETHICAL SESSION
	Chairman : Aldo Fransiskus Marsetio
	TBA
	Q & A

Day 1 - Thursday, August 28th, 2025

TIME	BALLROOM 1	BALLROOM 2	AGOONG 5 - 8 ROOM
13.00 - 14.00	SATELLITE SESSION 2-1 HIP	SATELLITE SESSION 2-2 SHOULDER - INSTABILITY	SATELLITE SESSION 2-3 REHABILITATION AND RETURN TO SPORTS
	Chairman : Azmi Abdul Latif Co-Chairman : Sapto Adji Hardjosworo	Chairman : Teo Seow Hui Co-Chairman : Gede Chandra	Chairman : Edgar Michael T. Eufemio Co-Chairman : Charles Hoo
13.00 - 13.12	1. Basic Hip Arthroscopy Adinun Apivatgaroon	1. Bankart Repair: Tips and Pearls Erick Wonggokusuma	1. Return to sports after knee surgery Rangga Bayu Valentino Rawung
13.12 - 13.24	2. Greater Trochanteric Pain Syndrome Adinun Apivatgaroon	2. How to recognize and treat Posterior and multidirectional instability of shoulder Bancha Chernchujit	2. Return to Sport After Shoulder Surgery Anthony
13.24 - 13.36	3. Femoroacetabular Impingement - Pathomechanic and Management Yoshi Pratama Djaja	3. Adding remplissage to anterior stabilizations Alan Hirahara	3. Return to sport after Ankle surgery Bagus Diva Indra Dharma
13.36 - 13.48	4. Labral Tear Adisa Yusuf Reksoprodjo	4. Complications of instability surgery I have encountered in my 25 years Joo Han Oh	4. Gender based differences in physical and psychological recovery after ACL reconstruction Ross Radic
13.48 - 14.00	Q & A	Q & A	Q & A
14.00 - 14.15	Afternoon Tea & Exhibition Visit		
14.15 - 15.03	CLINICAL CASE PANEL KNEE	CLINICAL CASE PANEL SHOULDER	SATELLITE SESSION 3-3 OTHER KNEE
	Chairman : Sumpada Priambudi Co-Chairman : Evan	Chairman : Renaldi Prasetya HNR Co-Chairman : Erica Kholinne	Chairman : Nguyen Quong Ton Quyen Co-Chairman : Fahroni Cahyono Winata
14.15 - 14.27	Infection After PCL Reconstruction Giuliano Giorgio Cerulli Sang Hak Lee	Massive Rotator Cuff Tear In Ho Jeon Alan Hirahara	1. ACL & PCL Injury Lia Marlina
14.27 - 14.39	YUNG Shu Hang Patrick MH JP Sapto Adji Hardjosworo Ghuna Ario Harjo Utoyo	Tang Ha Nam Anh Iman Widya Aminata Jefri Sukmawan	2. MCL & LCL Injury Komang Mahendra Laksana
14.39 - 14.51			3. ACLR all inside : what should we do with accidents Pham The Hien
14.51 - 15.03	Q & A	Q & A	Q & A

Day 1 - Thursday, August 28th, 2025

TIME	BALLROOM 1	BALLROOM 2	AGOONG 5 - 8 ROOM
15.03 - 16.20	SATELLITE SESSION 4-1 KNEE - ACL	SATELLITE SESSION 4-2 ELBOW	SATELLITE SESSION 4-3 FOOT AND ANKLE
15.03 - 15.15	Chairman : Abdul Rashid Mohammad Co-Chairman : Isa An Nagib 1. Comparison between Quadriceps, Hamstring, Peroneus Longus and BPTB as Graft for ACL Reconstruction Muhammad Sakti	Chairman : Cholawish Chanlalit Co-Chairman : Iman Widya Aminata 1. Arthroscopic: Game changer for chronic lateral elbow pain Cholawish Chanlalit	Chairman : Raphael Angelo C. Jurilla Co-Chairman : John CHP Butarbutar 1. Recalcitrant plantar fasciitis: Advancements in arthroscopic management (DORR procedure) Png Wenxian
15.15 - 15.27	2. The Five and Six Strand ACL graft: Is bigger better? Jose Antonio San Juan	2. Atraumatic PLRI Cholawish Chanlalit	2. MIS Calcaneal Zadek osteotomy for insertional achilles tendinitis – technical tips and tricks Png Wenxian
15.27 - 15.39	3. BTB ACL Reconstruction - What Have We Learned Thus Far? Mohd Nizlan bin Mohd Nasir	3. Distal biceps and triceps repair Arrisna Artha	3. Unresolved ankle sprain: how to approach and manage Chayanin Anghong
15.39 - 15.51	4. Implant-less Anterior Cruciate Ligament Reconstruction Edgar Michael T. Eufemio	4. Radiographic Insights into Heterotopic Ossification of the Elbow: Diagnosis and Management In Ho Jeon	4. Stem cells and PRP for the treatments of sports-related foot and ankle conditions Chayanin Anghong
15.51 - 16.03	5. ACL primary repair - where are we in 2025? Ross Radic	5. Lateral elbow instability Erica Kholinne	5. Management of peroneal tendon dislocation Andri Primadhi
16.03 - 16.20	Q & A	Q & A	Q & A

TIME	AGOONG 1 ROOM
	SATELLITE SESSION 2-4 ASSA FELLOW PRESENTATION
	Chairman : Dave Lee Yee Han Co-Chairman : IGM Febry Siswanto 1. Posterior Meniscal Root Repair: The Transtibial Tunnel Pullout Technique Sok Chan heaktra (Cambodia) 2. Functional Repair for Massive Rotator Cuff Tear Bao Nguyen (Vietnam) 3. Understanding the Effects of Kinesiophobia ACLR and ways to mitigate this Sean Ho (Singapore) 4. Toward an Olympic Future for Muaythai: Identifying Strategic Insights to Advance Athlete Health, Wellbeing and Performance Konrkint Chaijenkij (Thailand)
13.00 - 14.30	5. RAMP lesion of the posterior horn of medial meniscus Wesson Pious A. Espiritu (POSSM) 6. Dermal Allograft Augmentation in Rotator Cuff Repair Jonan Fernandez (MAS)
16.00 - End	ASSA MEETING

Day 2 - Friday, August 2⁹th, 2025

TIME	BALLROOM 1	BALLROOM 2	AGOONG 5 - 8 ROOM
07.00 - 16.00	Re-Registration		
07.55 - 08.00	Safety Briefing		
08.00 - 09.00	PLENARY SESSION 2 Keynote Lectures		
08.00 - 08.12	Chairman : Putu Astawa Co-Chairman : Taufin Warindra 1. Tailor-made ACL reconstruction For athletes: when performance should be considered Emmanouil Papakostas		
08.12 - 08.24	2. Locked glenohumeral dislocation: how I do Ekavit Keyurapan		
08.24 - 08.36	3. Meniscal preservation in athletes Ryan Martin		
08.36 - 08.48	4. Increasing Potential Healing of ACL Reconstruction using PCL Fat Pad Transfer I Gusti Made Febry Siswanto		
08.48 - 09.00	Q & A		
09.00 - 10.00	SATELLITE SESSION 5-1 RADIOLOGY	SATELLITE SESSION 5-2 KNEE MULTILIGAMENT	SATELLITE SESSION 5-3 PATELLOFEMORAL
09.00 - 09.12	Chairman : Ariyanto Arief Co-Chairman : Ronny Sutanto 1. MRI in Sports Injury Elysanti Dwi Martadiani	Chairman : Ryan Martin Co-Chairman : Erick Wonggokusuma 1. Surviving the night: critical assessment and treatment of knee dislocations at the time of injury James Stannard	Chairman : Abdul Rashid Mohammad Co-Chairman : Essy Dwi Damayanti 1. Medial Patellofemoral Complex Reconstruction: Approaches, bundles and tunnels Ghuna Arioharjo Utoyo
09.12 - 09.24	2. USG guided pain management in shoulder surgeries Renaldi Prasetya HNR	2. Ligament repair for Multiligament knee injury Dave Lee Yee Han	2. Patellofemoral Instability- MPFL + Elmslie-Trillat Procedure Raphael Angelo C. Jurilla
09.24 - 09.36	3. USG for pain management in knee sports surgeries Petrasama	3. Cases of Multiligament Injuries of the Knee in RSCM Qariah Maulidiah	3. Berierter vs classical Dejour deepening trochleoplasty- clinical results that we should know! Nadhaporn Saengpetch
09.36 - 09.48	4. Partial Rotator cuff tear with Ultrasound-guided platelet-rich plasma (PRP) injections Pham The Hien	4. Multiligament injury: cases and updated technique 2025 Nguyen Quong Ton Quyen	4. Medial Patellofemoral Ligament (MPFL) Reconstruction in Patellofemoral Instability Chheng Chheang KAK
09.48 - 10.00	Q & A	Q & A	Q & A
10.00 - 10.15	Morning Tea & Exhibition Visit		

TIME	BALLROOM 1	BALLROOM 2	AGOONG 5 - 8 ROOM
10.15 - 11.00	LIVE SURGERY SHOULDER	CLINICAL CASE PANEL SHOULDER	CLINICAL CASE PANEL KNEE
10.15 - 10.27	Chairman : Erica Kholinne Shoulder Case Rotator cuff repair Operator: Bancha Chernchujit	Chairman : Hastomo Agung Wibowo Co-Chairman : Permana Yudhadibrata Shoulder Instability Mohd Nizlan bin Mohd Nasir Chanakarn Phornphutkul Ekavit Keyurapan Gede Chandra Troydimas Panjaitan	Chairman : Aldo Fransiskus M Co-Chairman : Adisa Yusuf Reksoprodjo Knee Dislocation & Multiligament Injuries Dave Lee Yee Han Ryan Martin James Stannard Andri MT Lubis I Gusti Ngurah Wien Aryana
10.27 - 10.39			
10.39 - 10.51			
10.51 - 11.00		Q & A	Q & A
11.00 - 12.00		SATELLITE SESSION 7-2 KNEE BIOLOGICAL AUGMENTATION	SATELLITE SESSION 7-3 ACL ADVANCEMENT
11.00 - 11.12		Chairman : Jose Antonio San Juan Co-Chairman : Jafri Hasan 1. Is there a role for meniscus augmentation? Timothy Teo	Chairman : Shahrulazua Bin Ahmad Co-Chairman : Didi Hertanto 1. Rotational instability of the Knee – Assessment to treatment YUNG Shu Hang Patrick MH JP
11.12 - 11.24		2. Secretome for ligament injury Sholahuddin Rhatomy	2. Anterior Cruciate Ligament (ACL) Reconstruction and Lateral Extraarticular Tenodesis (LET) I Gusti Ngurah Wien Aryana
11.24 - 11.36		3. Platelet-rich Plasma: Applications in Orthopedics and Sports Medicine Edgar Michael T. Eufemio	3. ACL and ALL reconstruction: when, how and final result Tang Ha Nam Anh
11.36 - 11.48		4. Sports injuries Treatment algorithm with the use of Orthobiologics Emmanouil Papakostas	4. ALL what s my practice now Charanjeet Singh
11.48 - 12.00		Q & A	Q & A

TIME	AGOONG 1 ROOM
	SATELLITE SESSION 5-4 FREE PAPER COMPETITION (PART1)
10.15 - 12.00	Chairman : Husnul Fuad Albar Co-Chairman : Romy Deviadri - How to avoid knee tunnel convergence when performing a combined ACL reconstruction and Lateral Extraarticular Tenodesis utilizing the "Antero medial window" Wesson Pious A. Espiritu (Philippine) - Current Concepts In The Anatomical Reconstruction Of ACL Alessandro Lelli (Italy) "the Lelli Test": A Modern And New Clinical Test For The Diagnosis Of ACL Lesion Alessandro Lelli (Italy) - Efficacy And Outcomes Of Arthroscopic Biceps Tenodesis With Double Loop And Knotless Suture Anchor: A Prospective Analysis Muhammad Amir Sohail (Pakistan) - Arthroscopic Visualization for Confirming Femoral Button Placement in Anterior Cruciate Ligament Reconstruction - Muhammad Amir Sohail (Pakistan) - Effect of Femoral Outside-In Drilling Angles on Tunnel Collision in Combined ACL Reconstruction and Lateral Extra-articular Tenodesis (Lemaire Technique): A Cadaveric Study Qariah Maulidiah (Indonesia) - Safe And Reproducible Posterolateral Portal Development Using An Inside-out Technique: A Technical Note And Retrospective Case Series Philippe Beauchamp-Chalifour (Canada) - Early Cellular Alterations in Patients with Painful Chondropathy and Meniscal Lesions: A Comparative In Vitro Study Gianfilippo Caggiari (Italy) - Posterolateral Rotational Instability in ACL-Injured Knees: Arthroscopic Popliteal Tenodesis as a Graft-Protective Strategy? A Prospective Study with Minimum 24-Month Follow-Up Radosław Grabowski (Poland)

Day 2 - Friday, August 29th, 2025

TIME	BALLROOM 1	BALLROOM 2	AGOONG 5 - 8 ROOM
12.00 - 12.30	LUNCH SYMPOSIA Supported by Combiphar		
	Chairman: TBA TBA Q&A		
12.30 - 13.20	Friday Prayer		
13.20 - 13.30	Return to Venue		

TIME	BALLROOM 1	BALLROOM 2	AGOONG 5 - 8 ROOM
13.30 - 14.30	LIVE SURGERY KNEE	SATELLITE SESSION 8-2 ACL COMPLICATION & REVISION	SATELLITE SESSION 8-3 SHOULDER - MASSIVE ROTATOR CUFF
13.30 - 13.42	Chairman : Ghuna A. Utoyo Knee Case ACL & PCL reconstruction	Chairman : Jose Antonio San Juan Co-Chairman : Wahyu Riansyah 1. Failure after ACL reconstruction – Reasons and treatment strategies YUNG Shu Hang Patrick MH JP	Chairman : Teo Wei Wen Timothy Co-Chairman : Andri Lubis 1. Lower Trapezius Transfer for Massive Irreparable Cuff Tears: surgical techniques and outcomes Tjiauw-Tjoen Denny Lie
13.42 - 13.54		2. Trends in Revision ACL surgery Dave Lee Yee Han	2. Massive Irreparable Cuff Tears Without Arthritis: 2-year Outcomes Using Interpositional TFL Patch & Local Practices Jonathan Ronquillo
13.54 - 14.06	Operator : I Gusti Ngurah Wien Aryana	3. Revision ACL- my algorithm Charanjeet Singh	3. Massive “irreparable” rotator cuff. Tips and tricks to repair the “irreparable” Bancha Chernchujit
14.06 - 14.18		4. Single stage ACL revision with dowel autograft Nguyen Quong Ton Quyen	4. Massive RC tear - Roles of LHBT: How to deal with LHBT? Chanakarn Phornphutkul
14.18 - 14.30		Q & A	Q & A
14.30 - 15.30		SATELLITE SESSION 9-2 ACL 2	SATELLITE SESSION 9-3 SHOULDER BIOLOGICAL AUGMENTATION
14.30 - 14.42		Chairman : Chanakarn Phornphutkul Co-Chairman : Hanif Fahmat 1. ACL Avulsion Fracture Sapto Adji Hardjosworo	Chairman : Jonathan Ronquillo Co-Chairman : Erick Wonggokusuma 1. Enhancement of Rotator Cuff Healing in Arthroscopic Repair YUNG Shu Hang Patrick MH JP
14.42 - 14.54		2. ACL-R in skeletally immature patients: Is it the best solution? Giuliano Giorgio Cerulli	2. Anti-osteoporotic Treatment Strategy for RC Healing Using Teriparatide Joo Han Oh
14.54 - 15.06		3. Thin ACL graft. What are your options? Abdul Rashid Mohammad	3. Biologic augmentation of cuff repair Alan Hirahara
15.06 - 15.18		4. ACL repair Cholawish Chanlalit	4 Orthobiologic Tjiauw-Tjoen Denny Lie
15.18 - 15.30		Q & A	Q & A

TIME	AGOONG 1 ROOM
	SATELLITE SESSION 5-4 FREE PAPER COMPETITION (PART2)
13.30 - 15.30	Chairman : Husnul Fuad Albar Co-Chairman : Romy Deviadri - Influence of Increasing Posterior Tibial Slope on Medial Proximal Tibial Angle in 3D Simulated High Tibial Osteotomy Wong Seng Juong (Singapore) - Comparative Efficacy of Prolotherapy versus Corticosteriod Intra-articular injection in Adhesive Capsulitis of the Shoulder : A Randomized Controlled Trial. Nattapong Sumritsup (Thailand) - Outcomes of isolated posterior cruciate ligament reconstruction versus a combined posterior cruciate ligament and posterolateral corner reconstruction in isolated grade III posterior cruciate ligament injuries. Dae Keun Suh (Korea) - Intercondylar Notch Femur: Architect of Femoral Tunnel Position and Length in ACL Reconstruction - Unlocking Anatomical Insights for Surgical Precision Dliyauddin Fachri (Indonesia) - Foot Morphology Profile in Indonesian Recreational Runners Mitchel (Indonesia) - Comparison of psychometric properties between the Indonesian version of ASES, SPADI, and Oxford Shoulder Score questionnaires for patients with shoulder pain - Masganjar Nugraha (Indonesia) - Rehab and Conditioning Protocol for Hyaluronate-Based Scaffold Subpatellar Cartilage Surgery: Colaboration Discussion From Sports Medicine and Sports Orthopaedic - Chikih (Indonesia) - The Coronal Plane Alignment Of The Knee (CPAK) Classification In The Medial Meniscus Posterior Root Tear - Witthawit Danpongprasert (Thailand)

TIME	BALLROOM 1	BALLROOM 2	AGOONG 5 - 8 ROOM
15.30 - 16.45	SATELLITE SESSION 10-1 KNEE - PCL	SATELLITE SESSION 10-2 OSTEOTOMY	SATELLITE SESSION 10-3 CARTILAGE
	Chairman : Pham The Hien Co-Chairman : Lia Marliana	Chairman : Nadhaporn Saengpetch Co-Chairman : Meiky Fredianto	Chairman : Tjiauw-Tjoen Denny Lie Co-Chairman : Muhammad Sakti
15.30 - 15.42	1. How to manage PCL injury? Sang Hak Lee	1. Osteotomy Preserving Techniques Anggaditya Putra	1. Cartilage injuries in athletes: Do we do different? Emmanouil Papakostas
15.42 - 15.54	2. All Inside PCL Reconstruction Andri Maruli Tua Lubis	2. Slope change for ACL surgery - when and how Lee Kong Hwee	2. Patellar Cartilage Lesions Rajat Jangir
15.54 - 16.06	3. How to Unravel the Mysteries of Treating PCL Injuries? Combined PCL-PLC Teo Seow Hui	3. How to deal with osteotomy complications? Lee Kong Hwee	3. Osteochondral Cylinder Transplantation for Cartilage lesions Rajat Jangir
16.06 - 16.18	4. PCL Revision Yanuarso	4. Tibial tubercle osteotomy in treatment of patellar instability Ekavit Keyurapan	4. Role of biologic enhancement for cartilage injury healing Bintang Soetjahjo
16.18 - 16.30	5. Partial PCL tear- anatomic repair Azmi Abdul Latif	5. HTO in knee instability Charanjeet Singh	5. New Treatment Algorithm for Unstable, Unsalvageable Osteochondritis Dissecans of Knee Kukuh Dwiputra Hernugrahanto
16.30 - 16.45	Q & A	Q & A	Q & A
16.45 - 17.30	CLOSING		